

- GLUTEN FREE -

- STARTERS -

CARROT & CORIANDER
SOUP

with warm toasted bread & butter

POTTED GARLIC MUSHROOMS £5.95

creamy garlic mushrooms served with
warm toasted bread and pea shoots

£5.50

PRAWN COCKTAIL

£5.95

prawns in a Marie Rose sauce served
on a bed of iceberg lettuce with
cucumber, tomato, lemon and bread

LASAGNE

homemade with Pwll-y-Wrach lean
minced beef, served with salad & garlic
bread

upgrade to cheesy garlic bread £0.25

£11.50

10oz SIRLOIN STEAK

£20.95

sourced from Rosedew Farm
(Llantwit Major) served with chips,
grilled tomato, garlic mushrooms, onion
rings & salad garnish

BATTERED HADDOCK

freshly battered haddock with chips,
tartare sauce, side salad and your
choice of garden or mushy peas

£14.50

10oz RUMP STEAK

£15.95

sourced from Rosedew Farm
(Llantwit Major) served with chips, grilled tomato,
garlic mushrooms, onion rings & salad garnish

*peppercorn sauce | garlic & cream
£2.50 each*

BEEF MADRAS

Pwll-y-Wrach beef in an intense madras sauce

CHICKEN TIKKA MASALA

chicken breast in a mildly spiced tomato curry
sauce

KORMA

chicken breast in a rich creamy coconut sauce

£11.50

PUNJABI CHICKPEA CURRY (vg)

chickpeas cooked in a lightly spiced Indian
curry

£11.00

*All served with chips, rice or half & half, a
poppadom & mango chutney*

10oz GAMMON

£10.95

with chips, grilled tomato, salad
garnish and your choice of fried eggs
or pineapple

CHARGRILLED CHICKEN
BREAST

£12.95

smothered in peppercorn or garlic &
cream sauce, with chips, grilled
tomato, garlic mushrooms, onion
rings and salad garnish

HUNTER'S CHICKEN BURGER* £12.95

chicken breast topped with bacon,
cheese & barbecue sauce

**add onion rings to your burger for £1.75*

CAJUN CHICKEN SALAD

chicken breast coated in cajun spice on
a bed of mixed leaf, peppers, tomatoes,
onions and cucumber with a honey &
mustard dressing

£10.25

VEGETABLE BURGER (v)

£11.25

a lightly spiced mix of broad beans,
peas and spinach, coated in
breadcrumbs flecked with rice flakes
and parsley

swap your chips for sweet potato fries for £1